

What is Bullying?

In our school a bully is someone who hurts someone again and again and again, by deliberately using behaviour which is meant to hurt, frighten or upset another person.

When is it bullying?



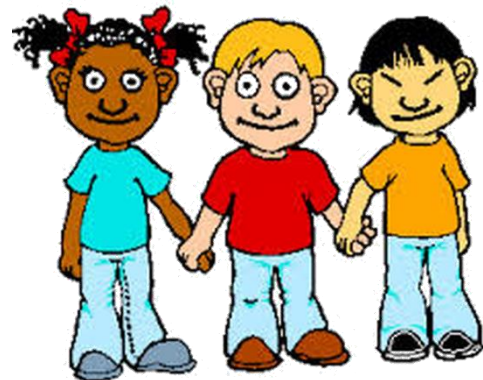
Bullying is done on purpose, it's not an accident. For example, if someone hurts you during a game by accident that is not bullying, but if every time you played a game they hurt you, or your feelings that would be bullying.

What to do if you are being bullied

- **Do** tell the bully to STOP because they are being unkind!
- **Do** tell a friend or a peer mentor, what is happening to you.
- **Do** use the classroom worry box so your teacher knows you are sad or worried.
- **Do** tell a teacher what is happening.
- **Do** tell your parents.
- **Do** keep telling until someone listens!

What not to do if you are being bullied

- **Don't** do what they say.
- **Don't** get angry or look upset.
- **Don't** hurt them back.
- **Don't** think it's your fault.
- **Don't** hide it.
- **Don't** worry everything will be okay.



What will happen to a bully?

Teachers will get involved and help to STOP the bullying.



At St Anne's everyone will work together to:

Make our school a place where everyone can feel safe and happy. That means no bullying allowed.