

Weeks Starting: 15th April, 6th May, 3rd June, 24th June, 15th July, 9th September, 30th September, 21st October



Monday

Option 1

Cheese and Tomato Pizza with Potato Wedges

Option 2

Cheese and Five Bean Tomato Pasta

> Option 3 ham Wrap

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Chocolate Cookie

Tuesday

Option 1

Pork Sausages with Creamed Potato and Gravy

Option 2

Quorn Sausage with Creamed Potato and Gravy

Option 3

Cheese Baguette

Vegetable:

Wednesday

Option 1

Roast Chicken with Roast Potatoes and Gravy

Option 2

Roasted Vegetable Parcel with Roast Potatoes and Gravy

Option 3

X

Thursday

Option 1

Chicken Korma Curry with Rice

Option 2

Oriental Vegetable **Noodles**

Option 3

Jacket potato with cheese &/or beans Friday

Option 1

Harry Ramsden's Fish with Oven Chips

Option 2

Garden Vegetable Goujons with Oven Chips

Option 3

Vegetable:

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

J

Dessert:

Fresh Dairy Yoghurt

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Fresh Fruit Salad with Crème Fraiche Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Seasonal Vegetables,

Salad Bar, Fresh Bread

Dessert: 🦪

Apple Sponge with Custard

Vanilla Ice Cream

Dessert:

Vegetarian







Weeks Starting: 22nd April, 13th May, 10th June, 1st July, 22nd July, 16th September, 7th October



Monday

Option 1

Vegan Sausage Roll with Potato Wedges

Option 2

Potato, Leek and Cheese Pie

Option 3

Tuna Wrap

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Shortbread Biscuit with Fresh Fruit Slices **Tuesday**

Option 1

Chicken and Sweetcorn Meatballs in Tomato Sauce with Spaghetti

Option 2

BBQ Meat Free Meatballs with Spaghetti

Option 3

Ham Baguette

Vegetable:

Seasonal Vegetables,

Salad Bar, Fresh

Bread

Dessert:

Fresh Dairy

Yoghurt

J

Wednesday

Option 1

Roast Gammon with Roast Potatoes and Gravy

Option 2

Glamorgan Sausage with Roast Potatoes and Gravy

Option 3

X

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert: 🚺 👸

Chilled Melon Slice

Thursday

Option 1

Fruity Caribbean Chicken with Rice

Option 2

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Caribbean Quorn Fajitas

Option 3

Jacket potato with cheese &/or beans

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh

Bread

Dessert:

Chocolate Sponge with Chocolate Sauce Friday

Option 1

Fish Fingers with Oven Chips

Option 2

Cheese and Tomato Pizza Swirl with Oven Chips

Option 3

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Twin Ice Lolly



Vegetarian



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Contains a minimum of 50% fruit



Weeks Starting:
29th April, 20th May,
17th June, 8th July,
2nd September, 23rd September,
14th October

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Monday

Option 1

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Pesto Pasta

Option 2

Mediterranean Vegetables with Couscous

Option 3

Cheese Wrap

Vegetable

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Fresh Dairy Yoghurt Tuesday

Option 1

Italian Style Chicken Goujons with Oven Chips

Option 2

Southern Style Quorn Burger with Oven Chips

Option 3

Tuna Mayo Baguette

Vegetable

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert: 🕔

Banana Sponge with Custard

Wednesday

Option 1

Roast Chicken with Roast Potatoes and Gravy

Option 2

Vegan Sausage Cutlet with Roast Potatoes and Gravy

Option 3

X

Vegetable

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert: 🕥

Orange and Mandarin Jelly with Crème Fraiche Thursday

Option 1

Beef Lasagne

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Option 2

Summer Vegetable Lasagne

Option 3

Jacket potato with cheese &/or beans

Vegetable

Seaspnal Vegetables, Salad Bar, Fresh Bread

Dessert:

Lemon Shortbread Biscuit Friday

Option 1

Harry Ramsden's Fish with Oven Chips

Option 2

Vegetable Fingers with Oven Chips

Option 3

X

Vegetable

Seasonal Vegetables, Sålad Bar, Fresh Bread

Dessert:

Raspberry Ripple Vanilla Ice Cream Sponge Roll





