

## MENU MADE WITHOUT INGREDIENTS THAT CONTAIN GLUTEN Autumn Winter 2023/24



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	N. San	Week 1		
Cheese and Tomato Pizza with Pasta Salad	Beef and Vegetable Pasta Bake	Roast Chicken with Roast Potatoes and Gravy	Spanish Chicken with Rice	GF Fish Fingers with Oven Chips
Chef's Shortbread	Fruit Yoghurt	Shortbread Biscuit with Fresh Fruit Slices	Peaches with Custard	Mandarin Jelly
		Week 2		
Pasta Twists with Tomato Sauce	Meat Free Sausages with Creamy Potato and Gravy	Roast Gammon with Roast Potatoes and Gravy	Pasta Bolognese	GF Fish Fingers with Oven Chips
Shortbread Biscuit with Fruit Slices	Fruit Yoghurt	Vanilla Ice Cream	Chocolate and Pear Sponge with Custard	Butterscotch Tart
		Week 3		
Chef's Choice of Pasta	Beef Burger in a Bun with Oven Chips	Roast Chicken with Roast Potatoes and Gravy	Keralan Chicken and Butternut Curry with Rice	GF Fish Fingers with Oven Chips
Fruit Yoghurt	Shortbread Biscuit	Vanilla Ice Cream	Peaches with Custard	Chocolate Cookie







## MENU MADE WITHOUT INGREDIENTS THAT CONTAIN GLUTEN VEGETARIAN AW 23/24



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Week 1		
Cheese and Tomato Pasta	Baked Beans and Cheese Topped Potato Crispers	Meat Free Sausages with Roast Potatoes and Gravy	Meat Free Bolognese with Pasta	Garden Vegetable Goujons with Oven Chips
Chef's Shortbread	Fruit Yoghurt	Shortbread Biscuit with Fresh Fruit Slices	Peaches with Custard	Mandarin Jelly
	$\mathcal{F}_{n}(\mathcal{F}_{n})$	Week 2		- 1
Bombay Beans and Cheese Topped Potato Crispers	Meat Free Sausages with Creamy Potato and Gravy	Meat Free Sausages with Roast Potatoes and Gravy	Bean Taco with Salad	Garden Vegetable Goujons with Oven Chips
Shortbread Biscuit with Fruit Slices	Fruit Yoghurt	Vanilla Ice Cream	Chocolate and Pear Sponge with Custard	Butterscotch Tart
		Week 3		
Chef's Choice of Pasta	Meat Free Burger in a Bun with Oven Chips	Meat Free Sausages with Roast Potatoes and Gravy	Keralan Spinach and Butternut Curry with Rice	Garden Vegetable Goujons with Oven Chips
Yoghurt	Apple Sponge with Custard	Vanilla Ice Cream	Peaches with Custard	Chocolate Cookie



