

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1



OPTION 2

Veggies



Pasta



Sweet Treats



Margherita pizza & oven baked wedges



Mixed bean bolognaise with penne pasta



Vegetable sausages with roast potatoes & gravy



Pea-powered vegetable stir fry with carrot rice



Vegetable nuggets, chips & tomato ketchup



Pepperoni pizza & oven baked wedges

Beef & lentil bolognaise with penne pasta



Roast gammon with roast potatoes & gravy

Creamy coconut chicken & chickpea curry with carrot rice



Fish fingers, chips & tomato ketchup

Broccoli



Carrots & peas



Carrot & cabbage



Broccoli & Cauliflower



Baked beans



Penne pasta with house tomato sauce



Penne pasta with a creamy cheese sauce



Creamy pesto penne pasta



Penne pasta with a creamy cheese sauce



Penne pasta with house tomato sauce



Lemon shortbread biscuit



Chocolate & banana brownie sponge



Orange jelly & mandarins



Baked apple & cinnamon sponge



Strawberry yogurt & strawberry sauce



Available Every Day - Crunchy colourful salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY

Wholegrain



Vegetarian



Nutritionist's Choice



Vegan



Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2



Veggies



Pasta



Sweet Treats



Margherita pizza & oven baked wedges



Pea-powered vegetable pie & new potatoes



Cheesy cauliflower pasta bake



Lentil & sweet potato dahl with vegetable rice



Vegetable sausages, chips & tomato ketchup



Tomato, spinach & salmon pasta



Chicken & vegetable pie with new potatoes



Roast turkey breast, roast potatoes & gravy

Lemon & herb chicken with chickpeas & vegetable rice



Fish & chips with tomato ketchup

Broccoli



Peas



Carrots & cauliflower



Selection from the salad bar



Peas



Penne pasta with a creamy cheese sauce



Penne pasta with house tomato sauce



Creamy pesto penne pasta



Penne pasta with a creamy cheese sauce



Penne pasta with house tomato sauce



Watermelon Wedge



Oaty apple crumble & custard



Chocolate Mousse



Carrot cake with orange glaze



Raspberry jelly & mandarins



Available Every Day - Crunchy colourful salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY

Wholegrain



Vegetarian

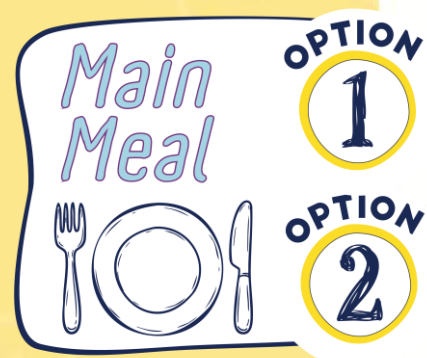
























Nutritionist's Choice



Vegan








Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1 Pea-powered mild chilli with rice  	Vegetable sausages & mashed potatoes with gravy 	Roast Quorn fillet with roast potatoes & gravy 	Baked creamy mac 'n' cheese 	Quorn dippers, chips & tomato ketchup 
OPTION 2 Mild beef & lentil chilli con carne with rice  	Pork sausages (beef casing) with mashed potatoes & gravy 	Roast chicken breast, roast potatoes & gravy 	BBQ chicken loaded mac 'n' cheese 	Fish fingers, chips & tomato ketchup
Sweetcorn 	Peas & carrots 	Broccoli & carrots 	Selection from the salad bar 	Baked Beans 
Penne pasta with a creamy cheese sauce 	Penne pasta with house tomato sauce 	Penne pasta with a creamy cheese sauce 	Penne pasta with house tomato sauce 	Creamy pesto penne pasta 
Chocolate Shortbread 	Apple & summer berry crumble with custard 	Strawberry yogurt & strawberry sauce 	Raspberry jelly & mandarins 	Chocolate fruit crispie cake

Available Every Day – Crunchy colourful salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



KEY

Wholegrain  Vegetarian 

Nutritionist's Choice  Vegan 